

ORGANIC SOUPS



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vegan, organic, kosher, delicious



- * **ORGANIC**
- * **CERTIFIED KOSHER**
- * **VEGAN**
- * **HEARTY & DELICIOUS**

LIVE WELL. SPEND LESS. DISCOVER NATURAL VALUE.

We think that a healthy lifestyle should be affordable for everyone. We developed Natural Value because we felt that we could find and deliver premium quality natural and planet-friendly products to the marketplace in a more efficient and cost-effective manner. To that end, we've managed to streamline the distribution process and lower the cost of living well. Our goal is not to woo Wall Street with large profit margins. It is to reward your commitment to living responsibly with lower prices on natural products. We prefer a business model where everyone, including you, profits.

ORGANIC SOUPS



ORGANIC LENTIL SOUP

INGREDIENTS:
Water, organic lentils, organic onions, organic carrots, organic celery, organic spinach, organic olive oil, organic wheat free tamari (water, organic soybeans, salt, organic alcohol [to preserve freshness]), sea salt, organic spices, organic onion powder, organic garlic powder
Contains: Soy

Certified organic by Quality Assurance International
706173-006749

Nutrition Facts	
Serving Size 1 cup (243 g)	
Servings Per Container about 2	
Amount Per Serving	
Calories 140	Calories from Fat 30
% Daily Value*	
Total Fat 3g	6%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 510mg	21%
Total Carbohydrate 14g	4%
Dietary Fiber 3g	28%
Sugars 0g	
Protein 3g	
*Percent Daily Values are based on a diet of other people's secrets.	



ORGANIC MINISTRONE SOUP

INGREDIENTS:
Water, organic tomato paste, organic carrots, organic onions, organic tomatoes (organic tomatoes, organic tomato juice, citric acid, calcium chloride), organic green peas, organic celery, organic pasta (100% organic semolina flour, gluten), organic green beans, organic spinach, organic navy beans, organic kidney beans, organic corn starch organic sunflower oil, organic evaporated cane juice, sea salt, organic onion powder, organic garlic powder, organic spices
Contains: Wheat

Certified organic by Quality Assurance International
706173-006756

Nutrition Facts	
Serving Size 1 cup (243 g)	
Servings Per Container about 2	
Amount Per Serving	
Calories 140	Calories from Fat 30
% Daily Value*	
Total Fat 3g	6%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 510mg	21%
Total Carbohydrate 24g	8%
Dietary Fiber 4g	17%
Sugars 0g	
Protein 5g	
*Percent Daily Values are based on a diet of other people's secrets.	



ORGANIC SPLIT PEA SOUP

INGREDIENTS:
Water, organic split peas, organic carrots, organic onions, organic celery, organic dehydrated potatoes (mono and diglycerides [of vegetable origin]), organic tamari (water, organic soybeans, salt, organic alcohol [to preserve freshness]), organic olive oil, sea salt, organic onion powder, organic garlic powder, organic spices.
Contains: soy

Certified organic by Quality Assurance International
706173-006769

Nutrition Facts	
Serving Size 1 cup (243 g)	
Servings Per Container about 2	
Amount Per Serving	
Calories 120	Calories from Fat 30
% Daily Value*	
Total Fat 3g	6%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 500mg	21%
Total Carbohydrate 24g	8%
Dietary Fiber 3g	37%
Sugars 0g	
Protein 5g	
*Percent Daily Values are based on a diet of other people's secrets.	



ORGANIC TOMATO SOUP

INGREDIENTS:
Water, organic tomato paste, organic evaporated cane juice, organic corn starch, sea salt, organic lemon juice, organic sunflower oil, organic onion powder, organic garlic powder, organic spices

Certified organic by Quality Assurance International
706173-006732

Nutrition Facts	
Serving Size 1 cup (243 g)	
Servings Per Container about 2	
Amount Per Serving	
Calories 120	Calories from Fat 30
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 500mg	22%
Total Carbohydrate 14g	6%
Dietary Fiber 2g	7%
Sugars 0g	
Protein 3g	
*Percent Daily Values are based on a diet of other people's secrets.	



ORGANIC VEGETABLE SOUP

INGREDIENTS:
Water, organic potatoes, organic carrots, organic tomato paste, organic tomatoes (organic tomatoes, organic tomato juice, citric acid, calcium chloride), organic green beans, organic kidney beans, organic corn, organic onions, organic corn starch, organic evaporated cane juice, sea salt, organic spinach, organic sunflower oil, organic lemon juice, organic onion powder, organic garlic powder, organic spices, organic celery seed

Certified organic by Quality Assurance International
706173-006770

Nutrition Facts	
Serving Size 1 cup (243 g)	
Servings Per Container about 2	
Amount Per Serving	
Calories 80	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 510mg	21%
Total Carbohydrate 14g	6%
Dietary Fiber 2g	10%
Sugars 0g	
Protein 3g	
*Percent Daily Values are based on a diet of other people's secrets.	

ORDERING INFORMATION

DESCRIPTION	UPC	CS/PK	WT.	CUBE	PALLET	ITEM DIMENSIONS	CASE DIMENSIONS
Lentil Soup	706173-006749	12/15 oz	14	0.3	17 X 10	4 7/16 x 3D	9 x 12 x 4.75
Minestrone Soup	706173-006756	12/15 oz	14	0.3	17 X 10	4 7/16 x 3D	9 x 12 x 4.75
Split Pea Soup	706173-006763	12/15 oz	14	0.3	17 X 10	4 7/16 x 3D	9 x 12 x 4.75
Tomato Soup	706173-006732	12/15 oz	14	0.3	17 X 10	4 7/16 x 3D	9 x 12 x 4.75
Vegetable Soup	706173-006770	12/15 oz	14	0.3	17 X 10	4 7/16 x 3D	9 x 12 x 4.75